Social Science Annual & Weekly Syllabus Split-Up - 2025-26 Grade- VII

S.No	Month	No. of Working Days		No. of Days	Торіс	Sub Topic	Resources	Activity	Mid April Test	Periodic Test 1	Pre Mid Term	Mid Term	Periodic Test 2	er Annual
1			Week 1											
	March		Week 2	6										
			Week 3	5										
			Week 4	6										
			Week 5	6										
2			Week 1	5	On Equality	Equality in Democracy, Enhancing Human Dignity,	Text Book	Trail of Democracy and Lagaan's Lesson		✓		>		
			Week 2	5	On Equality	Government Initiatives & Challenges to Democracy	Text Book							
	APRIL	23	Week 3	4	Introduction: Tracing Changes Through a Thousand Years	Changing names of Regions In India, Sources of the Medieval Period & Emergence of New Groups	Text Book							
			Week 4	6	Our Environment	Interaction Between Physical & Biological Environment	Text Book			1		√		
			Week 5	3	Our Environment	Natural Environment & Human Environment	Text Book	Prepare a comparative chart of all past age	•					
	JUNE		Week 1	0	ou entrement			repare a comparative chart of an past age						
			Week 2	6	Kings and Kingdoms	Rise of New Kingdoms, The Tripartite Struggle	Text Book							
3		19	Week 3	6	Kings and Kingdoms	The Cholas	Text Book				√	√		
			Week 4	6	Inside the Earth	Structure of the Earth, Rocks & Minerals, Types of Minerals & Rock Cycle	Text Book	Fossils: Remains of the past and How do volcanoes erupts						
			Week 5	1	Rivision	Periodic Test-1 30 th June-7 th July		voicunous crupts						
	JULY	27	Week 1	5	Revision	Periodic Test-1 30 th June-7 th July								
4			Week 2	6	Delhi: 12th to 15th Century	Sources of Delhi Sultanate , Dynasties of Delhi Sultanate	PPT https://www.youtube.com/watch?v=mAI4kBdtWV0				√	√		
			Week 3	6	Delhi: 12th to 15th Century	Sultans After Tughlags	Google lens https://www.youtube.com/watch?v=4kx0hKeSt-							
			Week 4	-	Understanding Media	Types of Media, Media & Society & Media & Democracy	https://youtu.be/ZqwTa82IR7I?si=EvtXR2FF8d-LvMXB					√		
			Week 5	4	Revision	Revision and test to be conducted								
5		Т 23	Week 1	2	Revision	Pre-Mid Term 4 th - 11 ^h August								
			Week 2	5	Revision	Pre-Mid Term 4 th - 11 ^h August								
	AUGUST		Week 3	-	Our Changing Earth	Composition of the Atmosphere , Structure of the Atmosphere , Significance of Atmosphere & Greenhouse Effect	Composition of the Atmosphere: https://www.youtube.com/watch?v=byoKHAvaj98					√		
			Week 4	6	Growing up as Boys and Girls	Gender & Sex, Gender & Stereotyping, Impact of Gender Inequality	Gender & Stereotyping https://www.youtube.com/watch?v=Ulh0DnFUGsk					√		
			Week 5		Revision	Revision and test to be conducted	intps://www.youtube.com/watch:v=omobiirodsk							
6		BE 25	Week 1	5	Term 1	Mid Term 4 th Sept 18 st Sept								
			Week 2	5	Term 1	Mid Term 4th Sept 18st Sept								
	EPTEMBE		Week 3	6	The Mughals (16th to 17th Century)	The Mughals, Mughal Emperors	Text Book						√	
			Week 4	6	The Mughals (16th to 17th Century)	Mughal Administration & Mughal Officials	https://www.youtube.com/watch?v=n7jZMcCq3Ms							
			Week 5	2	Role of the Government in Health	Detail of public health infrastructure	TAXASSI WALLETT VALUE CONTRACTOR VALUE VALUE CASINIS	Case study of Corona					√	
7	ОСТОВЕР	13	Week 1	3	Human Environment	Settlement-Rural & Urban, Transport-Roadways, Railways, Waterways, Airways & Communication	PPT https://www.youtube.com/watch?v=FcBGoIrco80	Map Activity					4	
			Week 2	4	How the State Government works	State Government, State Legislature, Legislative Assembly, State Executive	https://www.youtube.com/watch?v=XbleLQd_d6g	Procedure of Elections					4	√
			Week 3	6	Tribes, Nomads and Settled Communities	Growth of Urban Centres, Types of Urban Centres & Growth of Trading Class	Text Book						1	
			Week 4	6	mises, nomads and settled communities	Growth or Grown Centres, Types or Growth Centres & Growth Or Hauling Class								
			Week 5	0										+
L	l			0				1	1					

8		BE 23	Week 1	0		Periodic Test -2 – 4 th November to 11 th November					
			Week 2	5	Revision	Periodic Test -2 – 4 th November to 11 th November					
	IOVEMBE		Week 3	6	Tribes, Nomads and Settled Communities	The Tribal Society, Peasnatisation of Tribes & Nomads & Itinerant groups	Text Book				
			Week 4	6	Life in the Deserts	Sahara & Ladakh	Text Book			✓	
			Week 5		Air	Composition of the Atmosphere, Structure of the Atmosphere, Weather and Climate	Text Book	Discussion on competency based questions			√
9		BE 20	Week 1	6	Women Change the World	Meaning of diversity, forms of diversity in india, Reasons for diversity in India, unity in diversity, prejudices and stereotypes, Discrimination, impact of discrimination,	Text Book	Discussion on competency based questions			
			Week 2	6	Water	Distribution of Water bodies, Ocean Circulation, Ocean Currents	Text Book	Discussion on competency based questions			✓
	PECEMBE		Week 3	6	Markets Around Us	Levels of Markets, types of Market	Text Book	Discussion on competency based questions			1
			Week 4	2	Revision	Revision and test to be conducted					
			Week 5	0							
			Week 1	0		Post-Mid Term -6 th January -13 th January					
	JANUARY	22	Week 2	6	Revision	Post-Mid Term -6 th January -13 th January					
10		Y 22	Week 3	5	Revision	Post-Mid Term -6 th January -13 ^h January					
			Week 4	6	A Shirt in the Market	Levels of Advertising and Types of Advertisment	Quiz on Brands https://www.sporcle.com/	Discosion			✓
			Week 5	5	Devotional Paths to the Divine	Bhakti and Sufi Traditions	Text Book	Discussion on competency based questions			✓
	EBRUAR		Week 1	6	The Making of Regional Cultures	Culture of Bengal	Text Book	Discussion on competency based questions			1
11			Week 2	6	Eighteenth-Century Political Formations	The Mughals and their Fueditaries	Text Book	Discussion on competency based questions			✓
		R 23	Week 3	5		Annual Exam Revision		Worksheets			
			Week 4	6		Annual Exam Revision		Worksheets			
			Week 5	0							
			Week 1	5		Annual Exam Revision		Worksheets			
12			Week 2	6		Annual Exam Revision		Worksheets			
	MARCH	22	Week 3	5		Annual Exam Revision		Worksheets			
			Week 4	5							
			Week 5	1							